

# Strategies to support revision



Dallam School

How much revision?

Building a head of  
steam

How to set targets

Parent- Student  
Agreement



# When to start revising?

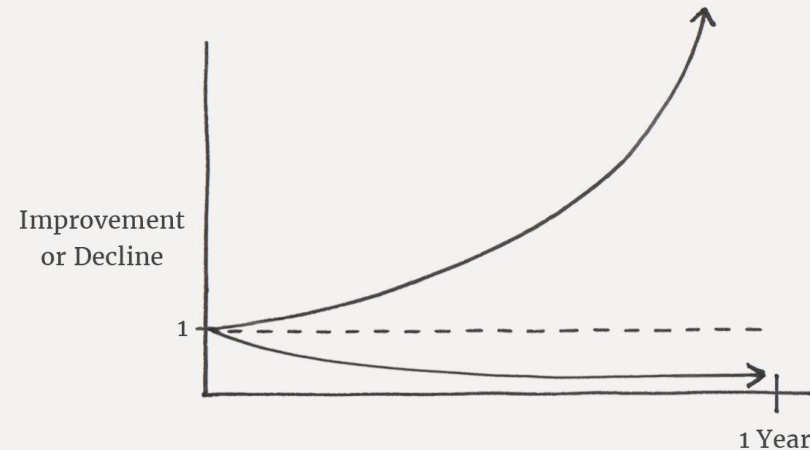


Dallam School

Success is a few simple disciplines, practiced every day; while failure is simply a few errors in judgment, repeated every day.  
—Jim Rohn

## The Power of Tiny Gains

$$\begin{aligned} 1\% \text{ better every day} & \quad 1.01^{365} = 37.78 \\ 1\% \text{ worse every day} & \quad 0.99^{365} = 0.03 \end{aligned}$$



# How much revision should you do?

More is better – is this right?

10,000 hours to become an expert (Gladwell)

Quality vs Quantity

How to navigate?

Guided Learning Hours (GLH) allows you to make decisions



Dallam School



# What does this look like?

- Now consider how much revision you want to do in terms of a percentage of GLH

Size band	GLH		GCSE (level 1 or 2) size equivalence <sup>1</sup>
	Minimum	Maximum	
A	0	44	0.25
B	45	89	0.50
C	90	144	1.00
D	145	234	2.00



<https://assets.publishing.service.gov.uk/media/642c4186ddf8ad0013ac0d7e/Performance Points - a practical guide to key stage 4 and 16 to 18 performance points 2023.pdf>



# Building a head of steam

To get good at anything takes  
practise

Must:

- have success
- be kind to self
- realistic



Dallam School

# How to set targets - Activity



Dallam School

## What is your revision going to look like?

### YR 11 GCSE WEEKLY PLANNER - COUNTDOWN

One of the hardest things with revision is to get started. Students ask themselves the questions:

#### What should I revise?

Students should revise using revision guides, their exercise books/notes from class and other resources such as Seneca

#### How should I revise?

Some of the best activities for revision are deliberate practise of calculation/ past paper questions; making flashcards /mindmaps of content completing work set be teachers such as Seneca

#### How long should I revise for?

A little a lot! Small regular sessions are more impactful than one larger session. Aim to use the following progression. As you do more revision it will be easier to do it for longer. Aim for the target and do not be too hard on yourself if you don't hit it – 10 mins quality revision is better than none and ant the moment you have time to build.

Week	Duration per session (minutes)	Total for night (minutes)
1-2	10- 15	30- 45
3-4	15-20	45-60
5-6	20-25	60-75
8-9	25-30	75-90
10-11	30-35	90-105
12-13	35-40	105-120

# Taking the emotion out of the process

## Student-Parent agreement



Dallam School

Ground rules to be set in advance so everyone is clear on:

- the support needed
- how it will be put in place

### Home GCSE study agreement

I understand the GCSE are an important step in me preparing for my future.

Academic achievement will help me achieve my full potential

As part of the support my Parents/Carers want to put in place for me we have agreed to be the following conditions to help me work towards to realise my full potential

I also importance of setting high and realistic expectations.

### Revision – Endeavour

I will commit to completing  hours of revision per week

This equates to an average of  per day



# Final checklist



Dallam School

- ✓ Start revising
- ✓ Quality
- ✓ GLH percentage
- ✓ 69 days to go
- ✓ Build a head of steam
- ✓ Set weekly targets for revision
- ✓ Review your targets
- ✓ Make a home agreement – example attached
- ✓ Balancing work and play