

## **Year 10 and 11 Revision and preparation for GCSEs**

### **A guide for parents and students**



# Dallam School

As Year 10 and 11 work through the pinnacle of their school career at Dallam School, it is vital that students are taking the right steps to enable them to be fully prepared for the examination period that they will be embarking on in their final weeks in Year 11.

Below is a guide to effective preparation and information on what resources are available to support your child(ren) in their preparation and revision for their GCSEs.

At the end of the document you will find the links to purchase the correct revision guides for the courses that run at Dallam School.

I hope you find this guide useful and if you need any more support with revision and exam preparation please do contact individual class teachers or Mr Ainsworth (Year 11) and Miss Gemelli (Year 10) in the first instance who will be able to offer support and guidance on how best to support your child with their GCSEs.

### **Revision Guidance:**

**One of the hardest things with revision is to get started. Students ask themselves the questions:**

*What should I revise?*

Students should revise using revision guides, their exercise books/notes from class and other resources such as Seneca

*How should I revise?*

Some of the best activities for revision are deliberate practise of calculation/ past paper questions; making flashcards/mindmaps of content completing work set by teachers such as Seneca

*How long should I revise for?*

A little a lot! Small regular sessions are more impactful than one larger session. Aim to use the following progression. As you do more revision it will be easier to do it for longer. Aim for the target and do not be too hard on yourself if you don't hit it – 10 mins quality revision is better than none and at the moment you have time to build.

Experience and research show that 45 mins is the maximum productive time for teenagers (and most adults!) Reward yourself with a 15 min break and crack into the next session.

*How do I motivate myself? – Rewards*

We suggest a 15 minute break with a snack and doing something you enjoy. We would advise against social media as this is a time pit and an hour will have passed before you realise it.

Plan time for job, sport, meeting friends and going out – you don't have to be a hermit but when you reward yourself you will feel so much better knowing you have done some work first! Plan on taking two nights off a week e.g. Friday night and Saturday night.

*How do I make sure I stick to it?*

You need to be honest with yourself and don't beat yourself up if you don't hit all sessions for the week. Your secret weapon are you parents. They will give you fair feedback on how you are doing and if you get them involved in target setting and time tabling they can support you in hitting the targets. There will never be a better time to study than now – you are in full time education and you have your parents backing you to realise your full potential.

## Recommended Revision Guides

**Science: Please contact the subject teacher if you are unsure which guide to buy.**

Course	Tier	Supplier	Links to purchase
Combined science	Higher	CGP	<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/science/combined-science/sahr46-gcse-combined-science-aqa-revision">https://www.cgpbooks.co.uk/secondary-books/gcse/science/combined-science/sahr46-gcse-combined-science-aqa-revision</a>
Combined science	Foundation	CGP	<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/science/combined-science/safr46-gcse-combined-science-aqa-revision">https://www.cgpbooks.co.uk/secondary-books/gcse/science/combined-science/safr46-gcse-combined-science-aqa-revision</a>
Separate science	Higher	CGP	<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/science/physics/par48-gcse-physics-aqa-revision-guide-higher">https://www.cgpbooks.co.uk/secondary-books/gcse/science/physics/par48-gcse-physics-aqa-revision-guide-higher</a>
	3 guides		<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/science/biology/bar46-gcse-biology-aqa-revision-guide-higher">https://www.cgpbooks.co.uk/secondary-books/gcse/science/biology/bar46-gcse-biology-aqa-revision-guide-higher</a>
			<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/science/chemistry/car46-gcse-chemistry-aqa-revision-guide">https://www.cgpbooks.co.uk/secondary-books/gcse/science/chemistry/car46-gcse-chemistry-aqa-revision-guide</a>
Separate science	Foundation	CGP	<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/science/physics/pafr42-gcse-physics-aqa-revision-guide">https://www.cgpbooks.co.uk/secondary-books/gcse/science/physics/pafr42-gcse-physics-aqa-revision-guide</a>
	3 guides		<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/science/biology/bafr42-gcse-biology-aqa-revision-guide">https://www.cgpbooks.co.uk/secondary-books/gcse/science/biology/bafr42-gcse-biology-aqa-revision-guide</a>
			<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/science/chemistry/cafr42-gcse-chemistry-aqa-revision-guide">https://www.cgpbooks.co.uk/secondary-books/gcse/science/chemistry/cafr42-gcse-chemistry-aqa-revision-guide</a>

Subject	Guide	Link To Purchase
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French	Pearson Edexcel French Revision Guide (second edition)	<a href="#">Purchase Here</a>
	Pearson Edexcel French Revision Workbook (second edition)	<a href="#">Purchase Here</a>
Spanish	Pearson Edexcel Spanish Revision Guide (second edition)	<a href="#">Purchase Here</a>
	Pearson Edexcel Spanish Revision Workbook (second edition)	<a href="#">Purchase Here</a>
Design And Technology	CGP AQA GCSE Design and Technology Revision Guide	<a href="https://amzn.eu/d/gISg14d">https://amzn.eu/d/gISg14d</a>
Music	CGP AQA Music ISBN 978 1 78294 6414	<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/music/muas42-gcse-music-aqa-complete-revision">https://www.cgpbooks.co.uk/secondary-books/gcse/music/muas42-gcse-music-aqa-complete-revision</a>
English Literature	Snap revision guides - for EDEXCEL Macbeth, An Inspector Calls, A Christmas Carol, Conflict Poetry Anthology and Unseen Poetry	<a href="https://collins.co.uk/pages/search-results-page?q=edexcel%20snap">https://collins.co.uk/pages/search-results-page?q=edexcel%20snap</a>
English Language	SNAP revision - AQA Snap revision reading Language Papers 1&2, SNAP revision writing revision Language papers 1&2, SNAP revision reading workbook, SNAP revision writing workbook	<a href="https://collins.co.uk/pages/search-results-page?q=aqa%20snap%20language">https://collins.co.uk/pages/search-results-page?q=aqa%20snap%20language</a>
Drama	CGP 9-1 Drama Revision Guide	<a href="https://www.cgpbooks.co.uk/secondary-books/gcse/drama/dmr41-gcse-drama-revision-guide">https://www.cgpbooks.co.uk/secondary-books/gcse/drama/dmr41-gcse-drama-revision-guide</a> ISBN 9781782949626
Mathematics	Pearson Edexcel GCSE (9-1) Mathematics Revision Guide	Foundation Tier: <a href="#">Purchase Here</a>
	Pearson Edexcel GCSE (9-1) Mathematics Higher tier Revision Workbook	Higher Tier: <a href="#">Purchase Here</a>
BTEC Enterprise (Level 1 and 2)	Pearson REVISE BTEC Tech Award Enterprise 2022 Revision Guide (ISBN 9781292436111)	<a href="#">Purchase Here</a>
History – <i>All students have been provided with a copy.</i>	CGP guides for the Edexcel exam board for the following topics: Crime and Punishment in Britain, c1000-present; Anglo-Saxon and Norman England, c1060-1088; Superpower Relations and the Cold War, 1941-1991; Weimar and Nazi Germany, 1918-1939.	<a href="#">History   CGP Books</a>
GCSE PE – <i>All students have been provided with a copy.</i>	CGP - GCSE PE Physical Education - Complete Revision & Practice	Buy direct from school

Geography	GCSE 9-1 Geography AQA Revision Guide - Second Edition	<a href="#">Purchase Here</a>
Religious Studies	AQA GCSE Religious Studies A: Christianity and Islam Revision Guide	<a href="#">Purchase Here</a>
Creative iMedia	OCR Creative iMedia Levels 1/2: Illustrated Revision and Practice	<a href="#">Purchase Here</a>